

MEI TAIS

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Two Shoulder Support that is Beautiful

The modern Mei Tai is a spin-off of an ancient carrier used for ages in Asian culture. The basic design is a central body, where the baby sits, with two straps tied around the wearer's waist, and two long straps that go over the shoulder and can be tied in a variety of ways.

A MT is a very versatile carrier that can fit a variety of body shapes and a variety of baby ages. It can be worn on the front or the back, and offers two-shoulder support for the wearer..

The MT offers ergonomic positioning for your baby, holding him in a natural sitting position with his legs wrapped around you. It offers just a few basic positions, where the baby is upright either on your front or your back. You can also wear your baby on your hip. The MT is also great for nursing: you just need to lower your baby to the right level and latch her on.

MTs are great carriers that are easy to use, beautiful, and very versatile.

Benefits of Mei Tai:

- comfort of a two-shoulder carrier
- can be worn on front and back
- ergonomic positioning
- great for nursing
- comes in beautiful styles and fabrics

Drawbacks to a Mei Tai:

- some learning curve
- long straps can be overwhelming
- less variety of positions